





SIMON SAYS ACTIVITY

Facilitator says the phrases in a language unfamiliar to most participants (Italian in our case). If phrases are not understood, she uses the simplified term (in Italian) and, if necessary, with gestures.

| 1. Could you please stand up? | Please stand up |
|---|--------------------------------|
| 2. Now raise your left arm | Raise your left arm |
| 3. Nod your head at the same time | Nod your head |
| 4. You can put your left arm down now | Put your left arm down |
| 5. Now, I want you to turn around 3 times | Turn around 3 times |
| 6. Go to someone and shake their hand | Shake someone's hand |
| 7. Give me a big smile, everyone | Smile |
| 8. Go and stand in a corner of the room | Walk to the corner of the room |
| 9. And finally, you can sit down | Sit down |
| 10. Phew! That was exhausting | |